

SENSORY BINGO



Taking a walk is mentally and physically good for you. But, what do you do if even when taking a break, the stress creeps in? By connecting to environment around us, we can connect to the present. Not sure where to start? As you explore Victoria, pay attention to the world around you and have fun trying to fill in as many spaces as you can.

WILDLIFE	SOUNDS	LANDMARKS	SMELLS	TOUCH
		FREE		